



Greenland and Wild Labrador: A Torngat Mountains Adventure has **two available sailings in 2028:**

[July 26–August 09, 2028](#)

[September 16-30, 2028](#)

SMALL-SHIP EXPEDITION CRUISE

Greenland and Wild Labrador: A Torngat Mountains Adventure

July 26–August 09, 2028

From **\$12,595** to **\$23,730** USD

Aboard the *Ocean Nova*

Starts: St. John's, NL, Canada

Ends: Toronto, ON, Canada

Charter Flights

Southbound Charter Flight: \$1,700 USD

Kangerlussuaq, Greenland to Toronto, ON, Canada.



Expedition Summary

Where Mountains Meet the Sea

On *Greenland and Wild Labrador: A Torngat Mountains Adventure*, you'll journey across the North Atlantic, where wild coasts meet immense horizons and a world alive with story, music, and connection unfolds. From the bright harbours of Newfoundland to Greenland's glacial fjords and the rugged coastlines in between, you'll explore a living cultural landscape shaped by ice, time, and enduring relationships with the land and sea.

Here, warmth and humanity thrive at the heart of a vast environment. Feel the Newfoundland spirit alive in song, laughter, and a deep sense of belonging carried on the salt air. Across Nunatsiavut and Greenland, a quiet reverence for the land runs deep. Inuit knowledge, hospitality, and leadership guide each step of the journey, offering a powerful reminder that people and place are inseparable, each giving meaning to the other.

Spend several days in Torngat Mountains National Park, where granite peaks rise straight from the sea and deep fjords cut through ancient rock. Hike across rolling tundra, explore by Zodiac, or pause in awe at a landscape so vast it shifts your sense of scale. Along the Labrador coast, cliffs and coves reveal the raw meeting of land and sea, while L'Anse aux Meadows links Norse

and Indigenous histories at the threshold of the North Atlantic. In Greenland, glaciers, sweeping tundra, and luminous fjords create a realm of elemental beauty where ice and time have shaped the soul of the Arctic.

For the curious traveller, this is more than a voyage between two coasts. It is a journey through beauty and belonging, offering a welcome reminder of your small place within something immeasurably grand.

Expedition Summary

Website & brochure copy · 80 words

Where Mountains Meet the Sea

On the Canadian mainland, the Torngats rise as the highest peaks east of the Rockies, steep slopes surging from deep blue fjords where whales cruise and polar bears patrol. Ancient rock and open silence invite stillness and sharper attention. At the heart of the journey is Torngat Mountains National Park, shaped by Inuit leadership and knowledge, explored by foot and Zodiac at the land's pace. Newfoundland's music and sense of belonging, Inuit welcome in Nunatsiavut communities, and Nuuk's Kalaallit culture and contemporary life add vivid counterpoints.

Highlights

Travel through Inuit Nunangat alongside Inuit

Journey through the ice, water, and lands of Inuit in the company of Inuit hosts who share their stories, art, and traditions. Experience the living culture of Greenland and Nunatsiavut as you visit vibrant communities, sample country food, and gain a deeper understanding of the enduring connection between Inuit and the nuna (land).

Torngat Mountains National Park: walking among spirits

Enter Torngat Mountains National Park with Inuit hosts, in the homeland of Labrador and Nunavik Inuit. Torngait means “place where the spirits dwell,” a name felt among granite peaks rising from the sea and tundra stretching toward infinity. Here, grandeur inspires reverence, and every step leaves the imprint of a place where land, culture, and spirit remain inseparable.

L'Anse aux Meadows: where worlds met

Step ashore at L'Anse aux Meadows, the only verified Norse site in North America and a UNESCO World Heritage treasure. Here, Indigenous and Norse histories converge, reminding us that exploration and exchange have long defined these northern shores.

Nuuk: Greenland's vibrant capital

Set between mountains and sea, Nuuk hums with creativity and northern pride. Colourful houses and modern architecture frame a city where Inuit culture shapes daily life through language, art, food, and community. Tradition and contemporary expression flow naturally together, giving Greenland's capital a character that is distinctly Arctic and unmistakably its own.

Guided by those who know these shores best

Many of those guiding this voyage call these coasts home. Their stories, humour, and knowledge add depth to time spent ashore and aboard. Community welcomes and shared conversations offer perspectives rarely available to those passing through. Across the journey, geography becomes inseparable from the people whose lives, histories, and relationships give these shores their meaning.

Highlights at a Glance

- Travel through Inuit Nunangat with Inuit hosts who share their stories, art, and traditions.
- Hike and Zodiac amid soaring peaks and deep fjords in Inuit-managed Torngat Mountains National Park.
- Step ashore at L'Anse aux Meadows, where Indigenous and Norse histories meet at the edge of the Atlantic.
- Discover Nuuk, Greenland's vibrant capital, alive with Inuit culture, creativity, and colour.
- Travel alongside guides who call this route home, opening doors and sharing connections few travellers experience.

Itinerary

July 26 to August 09, 2028

Day 1: St. John's, NL, Canada

Day 2: Northeast Newfoundland

Day 3: L'Anse aux Meadows

Day 4–5: Labrador Coast

Day 6: Nunatsiavut Community

Day 7: Hebron

Day 8-11: Torngat Mountains National Park

Day 12: At Sea

Day 13: Nuuk, Greenland

Day 14: Kangerlussuatsiaq Fjord (Evighedsfjord)

Day 15: Kangerlussuaq, Greenland

Itinerary

July 26 to August 09, 2028

Day 1: St. John's, Newfoundland

A Harbour of Stories

Cradled by steep hills and guarded by the dramatic Narrows, St. John's—Newfoundland and Labrador's spirited capital—is one of the world's great natural harbours and one of North America's oldest cities. Brightly painted row houses climb the slopes beside Signal Hill, where the Atlantic stretches endlessly beyond. In its winding streets and lively waterfront, history and creativity thrive side by side, filling the air with music, laughter, and the unmistakable spirit of Newfoundland.

Day 2: Northeast Newfoundland

Where Sea and Story Converge

Journey along Newfoundland's rugged northeast coast, where fishing villages cling to headlands shaped by wind and tide. Offshore, the cold waters of the Labrador Current once supported the world's greatest cod fishery, drawing settlers to carve out lives along these rocky shores. Though continually adapting, coastal communities still carry the imprint of their seafaring heritage. Whales surface and seabirds wheel above nutrient-rich waters, while wild landscapes and enduring traditions reveal a shoreline defined as much by its people and history as by the restless sea.

Day 3: L'Anse aux Meadows

Where Vikings Landed and Worlds Met

At the tip of Newfoundland's Great Northern Peninsula lies L'Anse aux Meadows, the only authenticated Norse site in North America and a UNESCO World Heritage treasure. Step back a thousand years to when Norse voyagers made landfall here, marking the first known meeting between Europeans and the Indigenous peoples of this continent. Wander among grassy

mounds and reconstructed sod dwellings that bring the past to life, and trace the stories unearthed by archaeologists who followed the sagas and clues preserved in the earth.

Day 4–5: The Labrador Coast

Fishing Grounds and Rugged Shores

Along the Labrador coast, sheer headlands give way to quiet coves and forested valleys that reach toward the sea. For centuries, Inuit, Innu, and settler communities have lived within this landscape of contrasts, its beauty matched only by its demands. During the great cod fishery, harbours once filled with schooners, salt fish, and the rhythm of seasonal life. Today, cultural sites and small outposts echo those stories, revealing how people and sea have long sustained one another. Guided hikes and Zodiac excursions invite you to trace these same shorelines, where every turn offers a glimpse of Labrador's raw power and enduring spirit.

Day 6: Nunatsiavut Community

Heart of Inuit Labrador

Come ashore in a Nunatsiavut community, where the spirit of the Labrador coast comes vividly to life. Here, history, art, and daily life intertwine, revealing stories of resilience, pride, and connection to land and sea. Walk through a community where tradition and modern life coexist, where voices rise in song, artisans share their craft, and every conversation offers insight into Inuit self-governance and cultural renewal. Framed by striking coastal hills and ancient rock formations, this visit offers a powerful sense of place and a deeper appreciation of Inuit Labrador.

Day 7: Hebron

A Homeland Remembered

Above the tree line on Labrador's northern coast, the long white building of Hebron Mission National Historic Site of Canada stands against a vast landscape of mountains, tundra, and sea. Established by Moravian missionaries in the 1830s, Hebron became a centre of religious, commercial, medical, and community life for Labrador Inuit.

In 1959, Hebron was closed without consultation, and 249 Inuit were relocated to communities farther south, separating families from their homeland. A monument now records their names, the provincial government's apology, and the relocatees' response in Inuktitut and English.

Yet Hebron is more than a place of loss. As families return and restoration continues, it is again becoming a place of gathering, where the past is remembered and connections to homeland are renewed for generations to come.

Day 8–11: Torngat Mountains National Park

Land of Spirits and Stone

The sea that has shaped this expedition reaches its most dramatic expression in Torngat Mountains National Park. At the northern edge of Labrador, some of the highest and most rugged mountains in eastern North America rise directly from the water. Fjords extend deep into the range beneath walls reaching 900 metres, while small glaciers endure among rocks nearly four billion years old.

Torngait means “place where the spirits dwell.” This is the homeland of Labrador and Nunavik Inuit, whose travel routes, hunting grounds, stories, and knowledge are inseparable from the landscape. Inuit hosts bring this relationship into view, sharing perspectives shaped by generations of travelling, living, and observing the land and sea.

Polar bears travel the coast, caribou move through the valleys, and the Torngats support the world’s only known black bear population living entirely above the tree line. Over four days, the scale of the park unfolds through changing fjords, weather, wildlife, and time shared with Inuit. Here, sea, stone, and living culture come together at the heart of the journey.

Day 12: At Sea

Stories on the Open Water

Cross the Davis Strait, a storied stretch of ocean connecting Greenland and Labrador. While whales and seabirds trace your course, life aboard turns to learning and exchange. Inuit cultural educators, scientists, artists, and historians share knowledge, stories, and laughter that deepen understanding of the Arctic and its peoples. Reflection and discovery flow together on this day at sea.

Day 13: Nuuk, Greenland

Greenland in the Present Tense

At the mouth of an immense fjord system, Nuuk rises between the sea and the mountains. Its name means “headland” in Kalaallisut, the Greenlandic language, a fitting description for a capital gathered at the water’s edge. Colourful wooden houses line the old harbour, contemporary buildings reshape the skyline, and the saddle-shaped peak of Sermitsiaq rises across the water, giving Nuuk its unmistakable natural backdrop

Human history in the region reaches back thousands of years, while the modern city grew from a colonial settlement established in 1728. The Greenland National Museum brings these layered histories together through boats, clothing, archaeological finds, and the remarkably preserved Qilakitsoq mummies.

Nuuk is also a centre of contemporary Greenlandic life. Kalaallisut carries through everyday conversation, music, and public life, while artists and chefs draw new ideas from culture and place. Katuaq, Greenland’s cultural centre, takes its name from the word for “drumstick,” fitting for



a gathering place that helps set the city's creative rhythm. There is much to discover in this distinctly Greenlandic capital, where a lively cultural scene extends beyond museums and performance spaces into cafés, shops, and everyday city life.

Day 14: Kangerlussuatsiaq Fjord (Evighedsfjorden)

Take a Zodiac Cruise at the Foot of a Glacier

Kangerlussuatsiaq means “the rather big fjord” in Kalaallisut, while the Danish name Evighedsfjorden translates to “the fjord of eternity,” underscoring its vastness and seemingly never-ending nature. See why Kangerlussuatsiaq Fjord lives up to its name and marvel at this complex coastal waterway that includes calving glaciers, sheer bird cliffs, and streams cascading against a towering mountain backdrop. Explore this sublime glacial landscape by ship and by Zodiac. The waters here are relatively warm, due to the West Greenland Current and the subarctic location.

Day 15: Kangerlussuaq, Greenland

At the Head of the Great Fjord

Overnight, the journey continues through the long reaches of Kangerlussuaq Fjord, whose Kalaallisut name means “big fjord.” Conditions permitting, portions of this dramatic passage may come into view as the waterway extends inland between rounded mountains and slopes shaped by glacial sediment.

At its head lies Kangerlussuaq, an unusual inland community established around an American airbase built during the Second World War. Its sheltered location is known for comparatively stable flying conditions, one reason the site was selected for the airbase and later became Greenland's principal aviation gateway for decades. That same geographic advantage makes Kangerlussuaq particularly well suited to the transition between ship and charter aircraft. Beyond the runway, the landscape stretches toward the Greenland Ice Sheet through a region shaped by ancient Inuit travel and caribou-hunting routes.

Time ashore is limited to disembarkation and the transfer to the airport for the charter flight.

Kangerlussuaq marks a fitting final threshold, where a journey completed by sea gives way to the flight home.



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Day 3: Nuuk

Day 4: At Sea

Day 5–8: Torngat Mountains National Park, NL, Canada

Day 9: Hebron

Day 10: Nunatsiavut Community

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Day 1: Kangerlussuaq, Greenland

Cross the Arctic Circle

Kangerlussuaq lies within a broad glacial valley between the Greenland Ice Sheet and the sea. Its dry climate and unusually stable weather led to the establishment of an American air base here during the Second World War and continue to make it one of Greenland's most important aviation gateways. The surrounding region has a much longer history as a place of Inuit travel and hunting.

After arriving by charter flight from Toronto, board the expedition vessel and begin the long passage through Kangerlussuaq Fjord. Mountains, glacial valleys, and pale meltwater mark the transition from Greenland's interior to its western coast. Crossing the Arctic Circle, the route opens towards the long light and expansive waters of late Arctic summer.

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Day 11–12: The Labrador Coast

Fishing Grounds and Rugged Shores

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Day 13: L'Anse aux Meadows

Where Vikings Landed and Worlds Met

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Day 14: Northeast Newfoundland

Where Sea and Story Converge

Follow the Labrador Current along Newfoundland's rugged northeast coast, where fishing villages cling to headlands shaped by wind and tide. Its cold waters once supported the greatest fishery in the world, king cod, drawing settlers to carve out lives along the rocky shores. These coastal communities, though ever adapting, still carry the imprint of their sea-going heritage. Out at sea, whales surface and seabirds wheel overhead, drawn by the nutrient-rich flow. Here, wild



landscapes and enduring traditions meet, revealing a shoreline defined as much by people and history as by the restless sea itself.

Day 15: St. John's, Newfoundland

A Harbour of Stories

Cradled by steep hills and guarded by the dramatic Narrows, St. John's—Newfoundland and Labrador's spirited capital—is one of the world's great natural harbours and one of North America's oldest cities. Brightly painted row houses climb the slopes beside Signal Hill, where the Atlantic stretches endlessly beyond. In its winding streets and lively waterfront, history and creativity thrive side by side, filling the air with music, laughter, and the unmistakable spirit of Newfoundland.